



## 2009 Region 8 Congress

### GENERAL INFORMATION

**DATE/SITE:**

**Region 8                      June 12 – 14, 2009                      Jacksonville, FL                      Omni Jacksonville Hotel**

**PURPOSE OF REGIONAL CONGRESSES:**

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

**REGION 8 EDUCATION:**

Over 75 Sessions covering the following areas:

**Coaches Education** – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

**Recreational Education** – A recreational track covering programs for tots through teens; be the best instructor in your gym!

**Business Education** – Sessions covering marketing, managing your business, staff retention and more.

**Judges Education** – Sessions covering compulsory, optional and elite judging criteria and technique.

**Other** – Men’s, Rhythmic, Sports Science and more.

**Registration will begin on January 16, 2008. Online Registration will be available for members and printable forms will be available for all others at [www.usa-gymnastics.org](http://www.usa-gymnastics.org)**

<b><u>COST</u></b>	<b>Early Bird (Ends April 12)</b>	<b>Regular Price (Ends May 29th)</b>	<b>On-site Registration</b>	<b><u>Full Dinner Banquet</u></b>
<b>Professional, Jr. Pro &amp; Instructor Members</b>	\$145.00	\$175.00	\$200.00	\$25.00
<b>Other Member Types and Non – Members</b>	\$175.00	\$205.00	\$230.00	\$25.00
<b>Member Clubs*</b>	1st – \$145.00 2nd - \$135.00 3rd - \$125.00 4th - \$115.00 5th - \$105.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$165.00 4th - \$155.00 5th - \$155.00 6th or more - \$145.00	N/A	\$25.00/ea

\*This offer is only available to Professional, Jr. Pro and Instructor Members affiliated with a Member Club. Members of a Non-Member Club would pay full rate.

**HOUSING**

**A block of rooms has been reserved. Call by May 21, 2009**

**National Travel Systems Sports Travel Team**

**6502 Slide Rd/Suite 404**

**Lubbock, TX 79424**

**Toll Free: 1-888-603-8747; Main Line: 806-794-3135**

**Email: [sportsinfo@nationaltravelsystems.com](mailto:sportsinfo@nationaltravelsystems.com) website: [www.ntssportstravel.com](http://www.ntssportstravel.com)**

**Single/Double Rate of \$120.00**

Any reservations after the cut-off date will be based strictly on availability.

**Omni Jacksonville Hotel**

**245 Water Street**

**Jacksonville, FL 32202**

**904-791-4841– local information only**

Please check the USA Gymnastics website – [www.usa-gymnastics.org](http://www.usa-gymnastics.org) for a detailed daily schedule/speakers – coming soon.

Minimum age for Congress attendees is 16.

There is a \$30.00 cancellation fee up until May 29th; no refunds after May 29th. (Substitution of participants will be allowed until May 29th if submitted in writing.)