

**2018 Level 9 & 10 Regionals**  
**Bradenton Area Convention Center**  
**(formerly Manatee Civic Center)**  
**1 Habon Blvd**  
**Palmetto, FL 34221**  
**April 16-18, 2018**

**Coaches Meeting Video:**  
**Cut and paste this link to browser and be the most informed coach at Level 9 & 10 Regionals**

[https://youtu.be/tO3qoWkM1\\_o](https://youtu.be/tO3qoWkM1_o)

Level 9-10 Regional Schedule				
Friday April 13, 2018				
Session #		Description	StartTime	EndTime
	1	Open Stretch	8:00 AM	8:20 AM
Level 10		1st WrmUp	8:20 AM	8:40 AM
Jr A - 27		Intro	8:40 AM	8:40 AM
Jr B - 27		Competition	8:40 AM	11:00 AM
		54 Awards	11:00 AM	
	2	Open Stretch	11:30 AM	11:50 AM
Level 10		1st WrmUp	11:50 AM	12:10 PM
Jr D - 25		Intro	12:10 PM	12:10 PM
Jr E - 30		Competition	12:10 PM	2:30 PM
		55 Awards	2:30 PM	
	3	Open Stretch	2:50 PM	3:10 PM
Level 10		1st WrmUp	3:10 PM	3:30 PM
Jr C - 23	HSSR	Intro	3:30 PM	3:30 PM
Sr C - 19		Competition	3:30 PM	6:10 PM
Sr E - 21	HSSR	63 Awards	6:10 PM	
	4	Open Stretch	6:30 PM	6:50 PM
Level 10		1st WrmUp	6:50 PM	7:10 PM
Sr B - 26		Intro	7:10 PM	7:10 PM
Sr D - 26	HSSR	Competition	7:10 PM	9:30 PM
		52 Awards	9:30 PM	

## Level 9-10 Regional Schedule

**Saturday, April 14, 2018**

Session #	Description	StartTime	EndTime
5	Open Stretch	8:00 AM	8:20 AM
Level 10	1st WrmUp	8:20 AM	8:40 AM
Jr F - 27	Intro	8:40 AM	8:40 AM
Sr A - 25	Competition	8:40 AM	11:00 AM
	52 Awards	11:00 AM	
6	Open Stretch	11:30 AM	11:50 AM
Level 9 & 10	1st WrmUp	11:50 AM	12:10 PM
L 10 Sr F - 26	HSSR Intro	12:10 PM	12:10 PM
L 9 Sr 7 - 18	Competition	12:10 PM	2:30 PM
L 9 Sr 8 - 8	HSSR 52 Awards	2:30 PM	
7	Open Stretch	2:50 PM	3:10 PM
Level 9	1st WrmUp	3:10 PM	3:30 PM
Jr 7 - 24	Intro	3:30 PM	3:30 PM
Jr 8 - 19	Competition	3:30 PM	6:10 PM
Sr 4 - 21	64 Awards	6:10 PM	
8	Open Stretch	6:30 PM	6:50 PM
Level 9	1st WrmUp	6:50 PM	7:10 PM
Jr 6 - 28	Intro	7:10 PM	7:10 PM
Sr 5 - 20	Competition	7:10 PM	9:50 PM
Sr 6 - 16	64 Awards	9:50 PM	

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## Level 9-10 Regional Schedule

Sunday April 15, 2018

Session #	Description	StartTime	EndTime
9	Open Stretch	8:00 AM	8:20 AM
Level 9	1st WrmUp	8:20 AM	8:40 AM
Jr 1 - 25	Intro	8:40 AM	8:40 AM
Jr 3 - 19	Competition	8:40 AM	11:20 AM
Sr 1 - 20	64	Awards	11:20 AM
10	Open Stretch	11:50 AM	12:10 PM
Level 9	1st WrmUp	12:10 PM	12:30 PM
Jr 2 - 30	Intro	12:30 PM	12:30 PM
Jr 4 29	Competition	12:30 PM	3:10 PM
	59	Awards	3:10 PM
11	Open Stretch	3:20 PM	3:40 PM
Level 9	1st WrmUp	3:40 PM	4:00 PM
Jr 5 - 23	Intro	4:00 PM	4:00 PM
Sr 2 18	Competition	4:00 PM	6:40 PM
Sr 3 19	60	Awards	6:40 PM

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