

**Region 8 Level 9, 10, Elite Training Camp,
Ultimate Gymnastics, Duluth, GA
Event Assignments and Camp Stations**

<u>Region 8 Training Camp Stations</u>	<u>Coach 1</u>	<u>Coach 2</u>	<u>Coach 3</u>	<u>Coach 4</u>
# 1 - Vault # 1 - Approach work and Stack Vaulting	Buddy Thorton	Stephen Maness		
# 2 - Tumbling # 1 = Connected Saltos (Strip into loose foam)	Brad Harris	Johnny Moyal		
# 3 - Bars # 1 = Trench Bar & Strap Bar	Doug Neiman	Colin Womack		
# 4 - BB # 1 = Beam Dance on 4 adjustable high BB's	Joan Gnat	Mary Lou Dillard	Carol Olney	Sibby Lane
# 5 - Tumble-Trak	Chrissy Brown	Chris Jackson		
# 6 - Dance = Dance Room	Irina Podgornaya	Galyna Losinska		
# 7 - Conditioning = Carpet Bonded Foam Area	Sharon Kelly	Jessica McDowell		
# 8 - Vault # 2 - Resi & Loose Foam Vaulting	Andrei Kouznetsov	Drew Davis		
# 9 - Floor Dance on 1/2 of FX # 1	Rene Nicollai	Diane Thompson	Jean DeArmon	
# 10 - Bars # 2 = Elite Bars over Resi + Single Rail over pits	Gene Alexin	Robbie Banta		
# 11 - BB # 2 = Dismounts into loose foam and Resi	Elena Brodrikova	Becky Oppenhiemer		
# 12 - Video Viewing/Analysis	Cookie Batsche	Winnie Whitten	Carole Ide	
# 13 - Tumbling # 2 on 1/2 of FX # 2	Larry Denham	Vladimir Smirnov		
# 14 - BB # 3 - Low BB's - Tumbling/ Front & Side Acro.	Paul Padron	Michelle Music	Darlene Rose	Christina Blanton
# 15 - Bars # 3 - 2 sets of Elite Bars over reg. matting	Grigory Gutkin	Patrick Thomas		
# 16 - Flexibility and Active Flexibility on 1/2 of FX # 1	Lisa Music	Cynthia Davis		
# 17 - FX Line Drills and Plyometrics on 1/2 of FX # 2	Donna Alexin	Mendi Knisley		

Volunteer Coaches on Vault Stations # 1 & # 8 will work together w/ Buddy Thorton as the event head

Volunteer Coaches on Bars Stations # 3, # 10 & #15 will work together w/ Gene Alexin as the event head